

## Dementia Training Programme - BCLN

### Introduction

#### 2014

In the autumn of 2014 BCLN, decided to pilot a roll out of the dementia training developed by NHS Education for Scotland and SSSC. This is a social and emotional model of Dementia.

This included the Informed level training, for which NHS Education for Scotland and SSSC had developed an interactive DVD comprising 6 chapters, and the Skilled level training - Improving Practice which was 5 modules to be delivered via a manual.

### Pilot

- We allowed 3 hours for the informed level workshop, which left lots of time for introductions, to ensure attendees were relaxed and at ease, and plenty of time for the discussions. We emphasised how valuable it would be for attendees to share their experiences and revisit them in light of the training.
- After having attended the 3 hour workshop, people were then eligible to do the 2 day skilled training.
- The 2 days builds on the information and characters in the DVD, and we set it out as Day 1 – introductions, modules 1 and 2, and the Day 2, modules 3, 4 and 5. Attendees also received a copy of the resource to take away.
- The modules were explored by the participants interactively, often working in small groups and feeding back.
- At both levels of training we had 2 trainers as recommended by NES and SSSC.

### Training

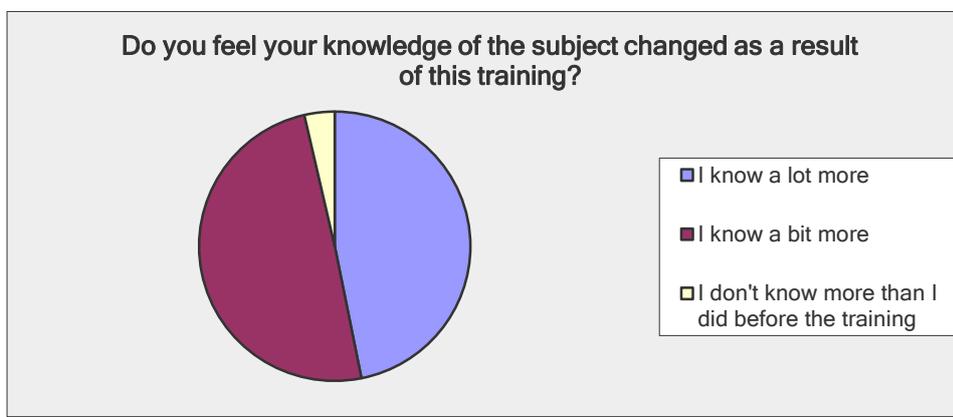
#### Informed level

- We ran 5 sessions, 2 in Galashiels, 1 in Hawick, 1 in Duns and 1 in Kelso
- **76 people attended**

#### Skilled level

- 2 sessions \* ( 2 days) - Galashiels
- Week separated day 1 and day 2
- **19 people attended**

The training evaluations were reviewed :-



Some quotes from the evaluations:-

- ***“Fantastic training, learned a lot of information I can put into practice”***
- ***“Was a really good to discuss various points during the session and learn from others. The trainers were fantastic”***
- ***“I know a lot more about dementia and I am now more positive about working with people with dementia”***

### **2015 - Dementia Programme**

- After talks with SBC, it was agreed that following on from the successful pilot that we would run a concentrated programme of dementia training.
- We decided to designate the last week of every month as Dementia week. Every month between January and May we ran 4 \* 3 hour workshops, 2 in Galashiels and 2 at venues around the Borders.
- From April to July we ran the 2 day skilled Dementia Level training, all in the central Borders. Following from feedback by providers, and also to help BCLN manage the delivery of the training we ran the 2 days consecutively without a week's break between day 1 and day 2.
- It was also decided that we would alter the running order of the modules on day 2 of the skilled practice, moving module 4 to the morning, and spending all morning looking at that module “Meeting the needs of the person with dementia who is distressed” We were also pleased that Stacy Patterson was able to co deliver the training of that module.

- We also changed the running order in the afternoon, starting with module 5 Supporting and Protecting People’s Rights and then finishing on module 3 Promoting Health and Wellbeing, which felt like a more positive ending for the 2 days.

**Training 2015**

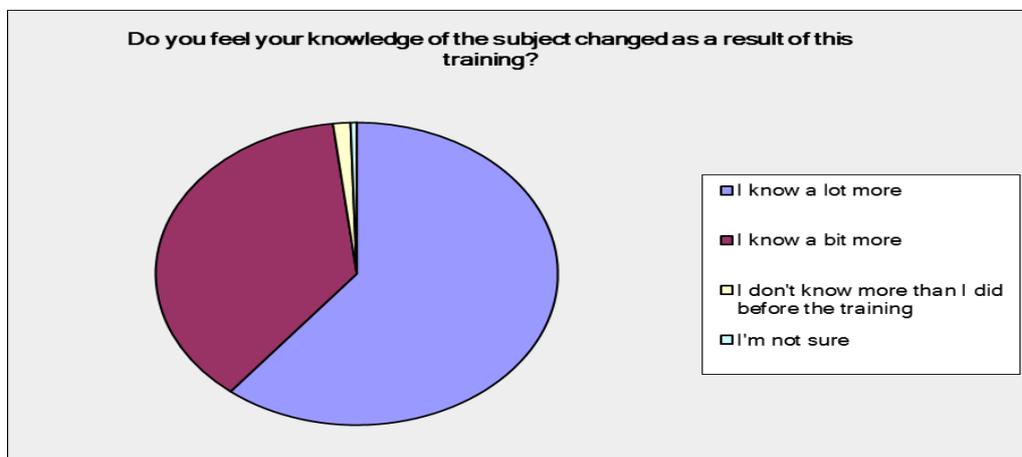
At Informed Level we ran 19 workshops between January and May

- 9 workshops in Galashiels
- 2 workshop in Duns
- 2 workshops in Kelso
- 3 workshops in Hawick
- 3 workshops in Peebles
- **194 attendees from SBC**
- **63 attendees – other**

Skilled level – 4 sets of 2 day training between April and July

- 4 Courses run , all Galashiels
- **15 attendees from SBC**
- **21 attendees - other**

The training evaluations were reviewed:-





### Some quotes from the evaluations

- *“I already did this training through e learning. This was much better because of group involvement and experiences.”*
- *“Updated knowledge base and new models of assessment and care. Very good course with plenty of discussion and active learning.”*
- *“I learned a lot today, my mother has dementia and it has helped me to understand the needs of someone with dementia”*
- *“Every chapter we looked at was very interesting and it was explained clearly.”*

### Conclusion

#### In Total :-

- 333 people attended the Informed Practice workshops
- 55 people completed the 2 day Dementia Skilled Improving Practice training